

2009 Lil' Cardinals Winter Basketball Developmental League

Presented by the Central Jersey Cardinals AAU Basketball Club
www.centraljerseycardinals.com



WHERE: Rutgers Prep School, 1345 Easton Avenue, Somerset, NJ
WHEN: Jan 4th to Feb 22nd, 6PM to 7:30PM, Sunday Evenings
WHOM: Boys and Girls, 7-10 years of age
COST: \$200, which includes t-shirt
STAFF: League Directors: Kristen Somogyi, Shannon Coyle

Program Goals

* To provide a developmental program tailored toward young children that will emphasize skill work in game situations. The program will strive to give the participants a jump start to success, in future travel, AAU and school basketball programs.

Program Description

- * 45 minutes per day of group and individual training of basic basketball skills which will include shooting, passing, dribbling and defense.
- * 45 minutes per day of actual Game Play, 1 on 1, 2 on 2, 3 on 3, and full court games which will emphasize the rules of the game and applying of skills learned.

Program Details

- * Limited Enrollment (we will take no more than 60 participants)
- * Participants will be grouped according to age and skill levels.
- * Boys will not be competing against girls, and vice versa.

Any questions Kristen Somogyi can be reached at 732-485-6470, or ksomog3899@aol.com

Registration Form

Players Name: _____

Address: _____

Phone: _____

Email: _____

Checks Payable to:
Central Jersey Cardinals AAU
Basketball Club
Return to:
Kristen Somogyi
86 Janet Court,
Milltown, NJ 08850

Emergency Contact: _____

Emergency Phone: _____

Age: _____ Gender: Boy Girl

Circle One

Skill Level: Beginner Intermediate Advanced

Circle One

I hereby certify that my child is in good physical health and may participate in all camp activities. I authorize the Directors to act for me according to their best judgments in any emergency requiring medical attention, if necessary. All campers MUST carry their own health and liability insurance

Parent/Guardian Signature:
